

## SPRING AND SUMMER 2016

**WEEK OF:**

	<b>W1</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>SUNDAY</b>
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<b>BREAKFAST</b>	<p><b>Choice of Assorted Fruit Juices or Fresh Fruit</b>  <b>Hot or Cold Cereal, Egg of Choice</b>  <b>Choice of Muffins, Buttered Raisin Toast, Peanut Butter, WW Toast,</b>  <b>2 % Milk or Fruit Yogurt</b>  <b>Assorted Jams &amp; Jellies</b>  <b>Coffee or Tea</b></p>							
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<b>LIGHT MEAL</b>								
	EGG SALAD ON A WHOLE WHEAT COLESLAW, TOMATO AND CUCUMBER SLICES FRUIT	ROAST BEEF ON W.W. MARINATED VEGETABLE SALAD PUDDING	GRILLED CHEESE TOMATO SOUP FRUIT	SALAD PLATE; POTATO, MACARONI, CARROT SALAD BREAD AND BUTTER PICKLES JELLO	FISH AND CHIPS COLESLAW CHOCOLATE PUDDING W/ WHIP TOPPING	SALMON SALAD SANDWICH TOSS SALAD FRESH FRUIT	JUMBO HOT DOG COLESLAW TOMATO SLICES JELLO	
	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>
	VEGETABLE SOUP HAM & CHEESE W/ LETTUCE ON WW FRUIT	COLD CUT PLATE WITH EGG, CHEESE PICKLES PUDDING	TOMATO SOUP EGG SALAD SANDWICH	HAM AND LETTUCE ON W.W. BEAN SOUP	TOMATO SOUP CHEESE SANDWICH JELLO OR YOGURT	CHEESE SANDWICH TOMATO SOUP JELLO OR YOGURT	TURKEY SANDWICH LETTUCE ,MAYO, TOMATO CREAM OF POTATO SOUP JELLO OR YOGURT	

<b>MAIN MEAL</b>								
	CITRUS GLAZED CHICKEN MASHED POTATOES PEAS SQUARES	SWEET & SOUR PORK RICE ASPARAGAS TARTS	VEGETARIAN LASAGNA CAESAR SALAD GARLIC BREAD FRESH FRUIT	MEATBALLS BOILED POTATO MIXED VEGETABLES APPLE CRUMBLE	BARBEQUE RIBS BAKED POTATO ASPARAGUS ICE CREAM	CHICKEN WITH GRAVY MASHED POTATO BROCCOLI CAKE	ROAST BEEF WHIPPED POTATOES CARROTS PIE	
	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>
	SAUSAGE BAKED IN FRUIT WHIPPED POTATO MINT PEAS	MEATLOAF POTATOES ASPARAGAS	SHAKE AND BAKE CHICKEN MASHED POTATOES TURNIP	GRILLED SALMON MASHED POTATO MIXED VEGTABLES	CHICKEN STIR-FRY RICE	PULLED PORK MASHED POTATO BROCCOLI	BAKED SOLE OVEN ROASTED POTATOES CARROTS	

**SPRING AND SUMMER 2016**

**WEEK OF:**

**W2**

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**SATURDAY**

**SUNDAY**

**BREAKFAST**

**CHOICE OF ASSORTED FRUIT AND FRUIT JUICE CHOICE OF EGG, HOT OR COLD CEREAL, PEANUT BUTTER, CHOICE OF MUFFINS,BUTTERED RAISIN TOAST,BUTTERED WW TOAST,2% MILK OR FRUIT YOGURT ASSORTED JAMS AND JELLIES,COFFEE OR TEA**

**LIGHT MEAL**

CHICKEN ON A BUN VEGETABLE SALAD FRUIT	HAM & CHEESE SANDWICH VEGETABLE SOUP PUDDING WHIPPED TOPPING	BACON BUNNIES CREAM OF POTATO SOUP DILL PICKLES FRUIT	CHICKEN RICE SOUP ROAST BEEF SANDWICH SWEET PICKLES JELLO	PIZZA CAESAR SALAD  CHOCOLATE PUDDING	PANCAKES AND SAUSAGE ORANGE SLICE FRUIT	SALMON SALAD TOMATO SOUP JELLO
<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>
BLACK FOREST HAM SANDWICH CREAM OF MUSHROOM SOUP JELLO	TOMATO ,LETTUCE,& CHEESE ON WHOLE WHEAT MUSHROOM SOUP Chocolate Pudding	HAM AND CHEESE SANDWICH SOUP OR TOSS SALAD JELLO OR YOGURT	CREAM OF POTATO SOUP TURKEY SANDWICH W/LETTUCE & MAYO	CHEESE AND LETTUCE SANDWICH with Herbed Mayonnaise CREAMY VEGETABLE SOUP FRUIT YOGURT	CHICKEN VEGETABLE SOUP DELI MEAT SANDWICH W/TOMATO MUSTARD,BREAD & BUTTER PICKELS	ONION SOUP EGG SANDWICH FRUIT CUP

**MAIN MEAL**

ROASTED PEAMEAL MASHED POTATOES BROCCOLI & CAULIFLOWER SQUARES	BEEF STIR FRY RICE TARTS	<b>Resident's Choice</b>	SPAGHETTI WITH MEAT SAUCE CAESAR SALAD  ICE CREAM	BAKED SOLE BOILED POTATOES GLAZED CARROTS WHITE CAKE WITH WHIP CREAM	PEACH AND PEPPER CHICKEN MASHED POTATOES MIXED VEGETABLES CAKE	ROAST BEEF BOILED POTATOES BUTTERED GREEN BEANS PIE
<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICE</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>
PESTO CHICKEN PENNE GARDEN SALAD GARILC BREAD JELLO	ROAST PORK LOIN MASHED POTATO CORN SQUARES	FARMERS SAUSAGE MASHED POTATO CORN	CRANBERRY GLAZED CHICKEN BOILED POTATOES PRINCE EDWARD MEDLEY	HAM SCALLOPED POTATOES GINGER GLAZED CARROTS	BAKED HADDOCK WHIPPED POTATO MIXED VEGETABLES	SHAKE & BAKE CHICKEN Dijon Roasted Potatoes BUTTERED GREEN BEANS

**NOTE: Prune Juice and Stewed Prunes are available with every breakfast. Offer Bread Basket of Assorted Rolls at Lunch and Dinner. Crackers served at Lunch with Soup.**

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**SPRING AND SUMMER 2016**

**WEEK OF:**

<b>W3</b>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
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**BREAKFAST**

**Choice of Assorted Fruit Juices or Fresh Fruit**  
**Hot or Cold Cereal, Choice of Egg,**  
**Choice of Muffins, Buttered Raisin Toast, Peanut Butter, WW Toast**  
**2 % Milk or Fruit Yogurt**  
**Assorted Jams & Jellies**  
**Coffee or Tea**

**LIGHT MEAL**

MACCARONI AND CHEESE CHEF SALAD W/ ASSORTED DRESSING FRUIT	CHICKEN BURGER COLESLAW FRUIT		EGG SALAD ON A WHOLE WHEAT VEGETABLE BEEF SOUP DILL PICKLES PUDDING	CREAMY VEGETABLE SOUP MINCED HAM ON W.W. SWEET PICKLES JELLO	MACARONI SALAD POTATO SALAD, COLESLAW, SLICE OF MEAT VEGGIE STICKS PUDDING	WEINERS AND BEANS TOMATO AND CUCUMBER SLICE FRESH FRUIT	CHICKEN SALAD SANDWICH POTATO BACON SOUP FRUIT COCKTAIL
<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>		<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>
CREAM OF CELERY SOUP DELI MEAT SANDWICH SWEET PICKLES	BOLOGNA SANDWICH CELERY SOUP FRUIT YOGURT,JELLO		HAM AND CHEESE ON A BUN VEGETABLE BEEF SOUP JELLO OR ICE CREAM CUP	VEGGIE & CHEESE WRAP BEEF BARLEY SOUP	EGG SALAD SANDWICH CREAM OF BROCCOLI SOUP	HAM & CHEESE SANDWICH CREAM OF CHICKEN SOUP YOGURT OR JELLO	TOMATO SOUP TOSS SALAD

**MAIN MEAL**

PORK LOIN MASHED POTATOES BUTTERED BEETS CAKE	CITRUS CHICKEN POTATOES SWEET CORN APPLE CRISP		ROAST CHICKEN PIECES MASHED POTATOES PEI VEGETABLE MEDLEY ICE CREAM	PORK CHOPS MASHED POTATOES PARSNIPS AND CARROTS TARTS	LIVER & ONIONS ROASTED POTATOES PEAS BREAD PUDDING	CHICKEN IN A MUSHROOM CREAM SAUCE MASHED POTATOES MIXED VEGETABLES RICE PUDDING	SALMON LOAF MASHED POTATOES CARROTS PIE
<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>		<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>
VEAL POTATOES BEETS	MEAT LASAGNA GARLIC BREAD CAESAR SALAD		MEATLOAF MASHED POTATOES PEI VEGETABLE MEDLEY	CHICKEN CHASSEUR GARLIC MASHED POTATOES PARSNIPS AND CARROTS	GRILLED SALMON POTATOES PEAS ICE CREAM	SWEET AND SOUR PORK RICE GREEN BEANS	ROAST BEEF & GRAVY WHIPPED POTATOES CARROTS

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## SPRING AND SUMMER 2016

<b>WEEK OF:</b>							
<b>W4</b>	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
<b>BREAKFAST</b>	<b>Choice of Assorted Fruit Juices or Fresh Fruit</b> <b>Hot or Cold Cereal</b> <b>Choice of Egg</b> <b>Choice of Muffins, Buttered Raisin Toast, Buttered WW Toast, 2 % Milk or Fruit Yogurt</b> <b>Assorted Jams &amp; Jellies</b> <b>Coffee or Tea</b>						
<b>LIGHT MEAL</b>	BACON & TOMATO SANDWICH CREAM OF BROCCOLI FRUIT <b>ALTERNATE CHOICES</b>	GRILLED CHEESE SANDWICH VEGETABLE BEEF SOUP PUDDING <b>ALTERNATE CHOICES</b>	PEAMEAL ON A BUN TOSS SALAD JELLO <b>ALTERNATE CHOICES</b>	COBB SALAD BREAD & BUTTER SWEET PICKLES FRUIT <b>ALTERNATE CHOICES</b>	BBQ HAMBURGERS GARDEN SALAD CHOCOLATE PUDDING <b>ALTERNATE CHOICES</b>	SALAD PLATE CARROT SALAD POTATO SALAD SLICED MEAT FRUIT <b>ALTERNATE CHOICES</b>	MINCED HAM SANDWICH TOMATO SOUP JELLO <b>ALTERNATE CHOICES</b>
<b>MAIN MEAL</b>	CRANBERRY GLAZED CHICKEN BOILED POTATO CAULIFLOWER ICE CREAM <b>ALTERNATE CHOICES</b>	SPAGHETTI WITH MEAT SAUCE CAESAR SALAD GARLIC BREAD CAKE <b>ALTERNATE CHOICES</b>	<span style="background-color: red; color: black; padding: 2px;">Resident's Choice</span> HAMBURGER STEAK MASHED POTATOES STUFFING GREEN BEANS PIE <b>ALTERNATE CHOICE</b>	PORK CHOPS MASHED POTATOES CORN SQUARES <b>ALTERNATE CHOICES</b>	GRILLED STEAK BAKED POTATOES BEETS RICE PUDING <b>ALTERNATE CHOICES</b>	BAKED CHICKEN & TOMATOES RICE TURNIP CAKE <b>ALTERNATE CHOICES</b>	ROAST BEEF PARSLEY BOILED POTATOES CARROTS PIE <b>ALTERNATE CHOICES</b>
	FARMERS SAUSAGE BOILED POTATOES CAULIFLOWER	BAKED FISH MASHED POTATO BROCCOLI W/ CHEESE SAUCE	HONEY GARLIC PORK MASHED POTATOES BISCUITS GREEN BEANS	SHAKE N BAKE CHICKEN MASHED POTATOES CORN	BAKED FISH MASHED POTATO BEETS	SALMON LOAF BOILED POTATOES CARROTS	HAM GARLIC MASHED POTATOES MIXED VEGETABLES PIE
<b>NOTE: Prune Juice available with every Breakfast. Crackers served at Lunch with Soup.</b>							Property of Complete Purchasing Services Inc. Proprietary and Confidential

### 4 WEEK ROTATION 2013

#### SPRING/SUMMER 2012

**WEEK OF:**

	<b>W5</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>	<b>SATURDAY</b>	<b>SUNDAY</b>
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<b>BREAKFAST</b>	<p><b>Choice of Assorted Fruit Juices or Fresh Fruit</b>  <b>Hot or Cold Cereal, Peanut Butter,</b></p> <p><b>Choice of Muffins, Buttered Raisin Toast, Buttered WW Toast,</b>  <b>2 % Milk or Fruit Yogurt</b>  <b>Assorted Jams &amp; Jellies</b>  <b>Coffee or Tea</b></p>							
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<b>LIGHT MEAL</b>		Cream of Chicken Soup	<b>Resident's Choice</b>					
	Grilled Hamburger	MINCED HAM ON WHOLE WHEAT	<b>MACCARONI W/ BROCCOLI, HAM, &amp; CHEESE</b>	OPEN FACE CHICKEN SALAD	PIZZA	GRILLED CHEESE SANDWICH	PANCAKES & SAUSAGE	
	Sliced Tomato, Onion & Lettuce	TOMATO SOUP	<b>GARLIC BREAD</b>	VEGETABLE SOUP	Carrot Celery Cucumber Salad	TOMATO SOUP	SYRUP	
	Caesar Salad	Fresh Fruit in Season	<b>FRUIT CUP</b>	SLICED PICKELS	BANNA PUDDING	Peach Slices	SEASONAL BERRIES	
	diced fruit							
	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>
	GRILLED CHEESE	Devilled Ham Salad Plate	<b>PEANUT BUTTER &amp; JAM SANDWICH</b>		BBQ Sausage	WESTERN QUICHE'	TURKEY ,LETTUCE & MAYO	
	VEGETABLE SOUP	Devilled Ham Salad, Potato Salad,	<b>WITH POTATO CHIPS</b>	COBB SALAD	CAESAR SALAD	Marinated Vegetable Salad	ON WHOLE WHEAT	
	YOGURT OR JELLO	Chick Pea Salad, Whole Wheat Roll		Peach Frozen Yogurt		Fudge Brownie	TOMATO SOUP	
		Iced Rice Krispie Square						

<b>MAIN MEAL</b>		CHICKEN IN FRUIT SAUCE	HAMBURGER STEAK AND ONIONS	MEAT LASAGNA	HAM STEAK & PINEAPPLE	Savory Beef Pot Pie	PORK STIR FRY	CHICKEN & BISCUITS
	Potato Wedges	Country Diced Potatoes	GARLIC BREAD	Garlic Bread	Onion Seasoned Potato Cakes	New Potatoes Parmesan	Basmati Rice	Mashed Potatoes & Gravy
	Seasoned Carrots	Whole Yellow & Green Beans	TOSS SALAD	TOSS SALAD	Buttered Beets	MINT PEAS	BREAD STICK	Asparagus
	Orange Citrus Cake	Raspberry Tart	CHOCOLATE CAKE	CHOCOLATE CAKE	Apple Crisp	Red Velvet Cake	COCONUT PIE	Lemon Meringue Pie
	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>	<b>ALTERNATE CHOICES</b>
	Meatloaf	CHICKEN BREAST WITH GRAVY	SWEET AND SOUR PORK	FISH CAKES	CHIKEN POT PIE	TURKEY CUTLET	Roast Beef	
	Garlic Mashed Potato	WHIPPED POTATOES	SEASONED RICE	Potatoes Romanoff	MASHED POTATOES	Potato Croquettes	Dijon Roasted Potatoes	
	Braised Zucchini	GLAZED CARROTS	GARLIC BREAD	Buttered Corn	Roasted Summer Squash	Mint Green Peas	Parslied Cauliflower	
	Pear Halves	Sliced Melon	Mandarin Orange Slices	Fruit Cocktail	Stewed Rhubarb	Tropical Fruit Salad	Apricots	

**NOTE: Prune Juice and Stewed Prunes are available with every Breakfast. Offer Bread Basket of Assorted Rolls at Lunch and Dinner. Crackers served at Lunch with Soup.**

**WEEK 5 SPRING/SUMMER 2012**  
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**5 WEEK HOSPITALITY WEEK AT A  
GLANCE MENU**

**SPRING/SUMMER 2012**

Snacks

Assorted Fruit Juices  
Fresh Fruit  
Assorted Pastries, Muffins, Fruit Loaf and Cookies  
Skim, 1 %, 2 %, Chocolate Milk and Fruit Yogurt  
Coffee, Tea and Hot Chocolate

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